



Weakness, tiredness and fatigue mark this time substantially. All demands and the hectic pace of life take our energy and unless we have enough time for rest, we can find ourselves in the midst of paralyzing burnout. The times for rest are exactly where commandments of keeping the sabbath pointed to (2.Exo. 31:12-18) A comforting word can be found also in Mark.6:31 "...and rest a while " (KJV)

All the creation gets new strength through resting. From agriculture we know, how good it is for crops if fields have their year of rest. From God's word we can also read "But they that wait upon the LORD shall renew their strength" (Jes 40:31) Could this period of waiting be also the time for rest and time for spending time before God's face? Could this be like a journey to the waters of rest? ( Psa 23:2)

What is then "waiting for the Lord"? - It is very simple, everyday life in the midst of all errands and tasks. There's just few questions for Lord, few thoughts and a sigh on our lips, "What is your will God?", "Where is Your strength?" "When will You touch me and renew my spirit?" - There's just words and thoughts with which we say: " I'm waiting for You Lord!"



In my prayers I admit to God that this worldly life does not satisfy me. I am grateful for all the aspects and blessings of my life, but I know that only His presence will satisfy me. When we are waiting for Him, we can look up to Him like as the eyes of servants look unto the hand of their masters, and as the eyes of a maiden unto the hand of her mistress;

"so our eyes wait upon the LORD our God, until that he have mercy upon us." Psa 123:2 (KJV)

"I had fainted, unless I had believed to see the goodness of the LORD in the land of the living. Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD." Psa 27:13-14 (KJV)

There are promises in God's word which we can rely on as we wait for the Lord. Those moments when I've been filled with the Holy Spirit have been fulfillments for my longings for the Lord. That overwhelming joy and happiness that has filled me, has clothed me in power which gives me new way to see things more positively. That is a power that makes a rough man love his wife, children and those many beloved persons around the world suffering from famine, thirst and many sorrows. It is a marvellous power that makes one give of their own to benefit others and participate in things that wouldn't interest us otherwise. All this comes from the power of the Lord. Fulfilment of this longing makes us living and makes us want to share this living water with others too. John. 7:37-38 (KJV)

The experience of weakness is good for human nature too. When I am working among my daily tasks and concentrating only on them, the experience of

weakness or fatigue makes me wake up and look for the spring of living water again. That's why there's no need be scared of fatigue. That is only a road or path to God's heart -to the heart of the Giver of power and life. When I feel tiredness I pray: "Lord, I'm resting on your hand. Father, I wait close to You, that You will fill me with the power from heaven"

Be weak in front of the Lord, be openly what you are. Lord desires truth in the inward part. He wants to conquer your heart with His power. - Commit thy way unto the LORD; trust also in him; and he shall bring it to pass. Psa 37:5 (KJV)

When you get to experience the miraculous power of His holiness, even being in the same situations and troubles in life as before, you notice that something has changed! In the power of the Lord your eyes see better, your understanding is better, doesn't the word say "they that seek the LORD understand all things" Pro 28:5 (KJV)

We might mix encounter with the Lord to be some form of trance. It can be that too, but that's not the absolute value of it. The power is for everyday life and for things in it. It is a power that leads us to the real knowing of the Lord exactly where we are in our lives.

The manifestation of the Lord's power in our lives also gives us enthusiasm to do Lord's work. It is pure and genuine power and courage to testify of the Lordship of Jesus and His eternal Kingdom. (Acts 1:8)

Sometimes "to be filled again" requires emptying and putting away some old things or at least diminishing them. Our minds are too often occupied with earthly worries and pleasures. The word sown may not have room to grow in our heart's soil (Matt 13:22) This gives a reasonable explanation for fasting, which is denying oneself of something for specific reason. What can I deny myself to be filled with Lord's power instead? What are the things that are occupying my heart instead of Lord's presence? As I think about these, I'm waiting for the Lord and His manifestation of His power.

From my own experience I also know that when I leave my daily errands to go to church meeting I might receive manifestation of Lord's power and refreshing presence (Psa 26:8) Last time this happened in our church communion meeting. As I was breaking the bread and taking the wine, I remembered Jesus' words: "Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you." (Joh 6:53 KJV) That made the participation of the victory gained by Jesus' sufferings concrete to me. As a spiritual experience it strengthened and lifted me to see above my circumstances and to look at them more from God's angle.

Let us seek the way to God's refreshing waters. As we draw water from them for ourselves and our fellow travellers, we will be strengthened and will endure to travel right up till the end.

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." (Is. 40:31 KJV)



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